

JDAIM 2023 COLLABORATION
SHUTAF INCLUSION PROGRAMS AND
JEWISH LEARNING VENTURE

Jewish Disability Awareness, Acceptance and Inclusion Month (JDAIM)

Lesson Plan and Teacher's Guide for Teen's Lesson

Lesson pairs with Shutaf Inclusion Guide's Resource, _
Training on the Go-Stay Flexible

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STEP 1: MOOD METER



STEP 2: POEM

THE OAK TREE

BY: JOHNNY RAY RYDER JR

A MIGHTY WIND BLEW NIGHT AND DAY
IT STOLE THE OAK TREE'S LEAVES AWAY
THEN SNAPPED ITS BOUGHS AND PULLED ITS BARK
UNTIL THE OAK WAS TIRED AND STARK

BUT STILL THE OAK TREE HELD ITS GROUND
WHILE OTHER TREES FELL ALL AROUND
THE WEARY WIND GAVE UP AND SPOKE,
"HOW CAN YOU STILL BE STANDING OAK?"

THE OAK TREE SAID, "I KNOW THAT YOU
CAN BREAK EACH BRANCH OF MINE IN TWO
CARRY EVERY LEAF AWAY
SHAKE MY LIMBS, AND MAKE ME SWAY.

BUT I HAVE ROOTS STRETCHED IN THE EARTH
GROWING STRONGER SINCE MY BIRTH
YOU'LL NEVER TOUCH THEM, FOR YOU SEE
THEY ARE THE DEEPEST PART OF ME.

UNTIL TODAY, I WASN'T SURE
OF JUST HOW MUCH I COULD ENDURE
BUT NOW I'VE FOUND, WITH THANKS TO YOU
I'M STRONGER THAN I EVER KNEW."



THE ALON TREE PLAN

1. PAUSE

2. ACKNOWLEDGE

3. REGULATE YOUR RESPONSE







